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THE NEW SUGAR BUSTERS!(R) (PAPERBACK)



Random House Publishing Group, United States, 2003. Paperback. Book Condition: New. 175 x 102 mm. Language: English . Brand New Book. WIN THE FIGHT AGAINST FAT-THE SUGAR BUSTERS!(R) WAY When SUGAR BUSTERS! hit the shelves almost five years ago, it quickly became a diet and lifestyle phenomenon. The millions of people across the country on the SUGAR BUSTERS! plan discovered that by simply choosing the correct carbohydrates and lowering their sugar intake, they could shed the pounds they failed to...

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- Authored by H Leighton Steward, Morrison Bethea, Sam Andrews
- Released at 2003



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