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## Dealing with Your Personal Crisis (Paperback)

By Jr. Teo A Babun

Babun Group, United States, 2004. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Personal crisis requires healing. This book is for the person who is severely troubled, and who has lived with personal pain in the recent past. Babun explores Christian spiritual stages for personal trauma and outlines biblical healing response to tragic experience. From the publisher A practical Christ-centered self-help guide. In this invaluable counseling resource book, the author shares how his grief, anger and isolation were mitigated by biblical truths that provide a lasting healing process. Personal and compassionate, drawn from the author s own experience of living through a personal crisis, it provides comforting guidance and practical day-to-day advice for those who suffer. Helpful kick-start prayers and biblical references add relieve to the broken hearted when their feelings and emotions become deceptively changeable and could lead to danger.



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