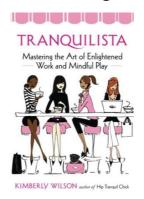
Tranquilista: Mastering the Art of Enlightened Work and Mindful Play





Book Review

This book is fantastic. This is certainly for all those who statte there had not been a really worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book. (Prof. Dale Fahey MD)

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