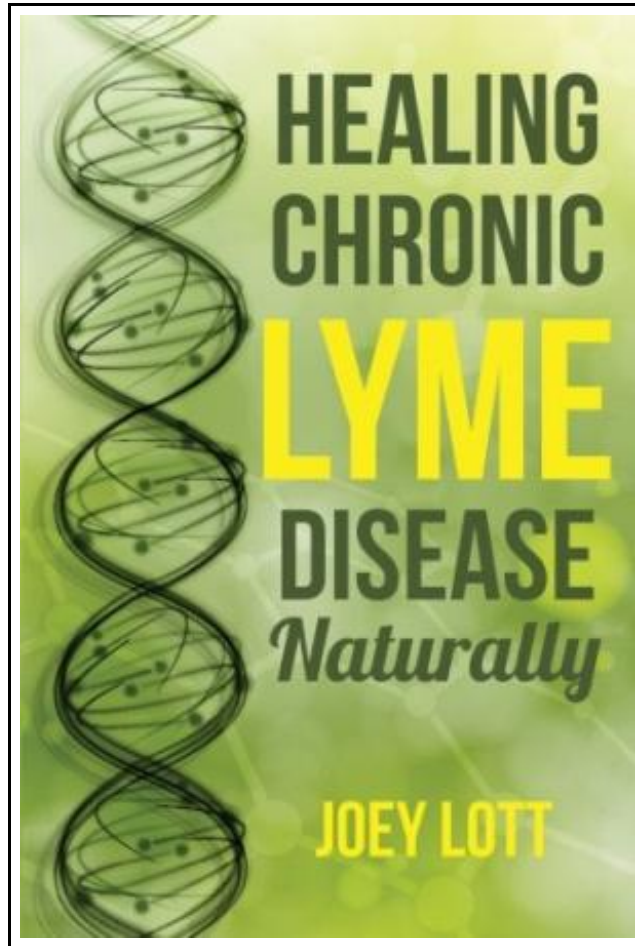


Healing Chronic Lyme Disease Naturally (Paperback)



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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. I Have Chronic Lyme Disease, I Feel Awful, and I m Completely Overwhelmed. If this is you, then you ve found the right book. In Healing Chronic Lyme Disease Naturally, author Joey Lott lays out a step-by-step protocol to get you back on your feet, living life again to the fullest. He knows what it s like because he s been in your shoes, and he healed himself naturally. This book is extremely thorough, but the information is approachable and easy to break down into smaller bites. In fact, the author recommends taking it one step at a time and assessing how you feel along the way. After all, this is your journey back to health and you should have total control. What Do Metabolism, Thyroid, and Inflammation Have to Do with Chronic Lyme Disease? Despite the emphasis commonly put on the bacterial strains that cause Lyme disease, antibiotics or strong antibiotic herbs may not always be the best first approach to getting well. Learn how your metabolism may be the best starting point in your healing journey, before bombarding your system with a myriad of drugs and herbal protocols. Discover the connection between systemic inflammation and the symptoms of chronic Lyme. In addition, find out the role your thyroid plays in all of this and why thyroid function is crucial if you re going to supplement with herbs. Can Herbs Help With My Symptoms? There are so many symptoms associated with chronic Lyme (including everything from depression and anxiety to digestive upsets, anger, pain, fatigue, and more) that it s hard to know which to address first and with what herbs. Fortunately, Healing Chronic Lyme Disease...



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