



Cookbook: Crockpot - Healthy Recipes, Easy to Make, Lose Weight with Delicious Meals (Paperback)

By Joanne Howard

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Crockpot Recipes to Enjoy Easy Steps to Slow Cook Your Favorite Food For the Entire Family! Cooking can consume a lot of your time in the kitchen, and preparing the perfect meal to set on your family table takes a lot of work! And with your crazy schedule, long working hours and tempting take-out food, it's almost impossible to make and enjoy meals that you love. Worry no more! This book includes healthy Crockpot recipes without sacrificing your precious time. Slow cooking is a great way to take advantage of important nutrients found in your food. All you have to do is mix your ingredients and pop them in your own Crockpot for a prescribed number of hours, and voila! Your food is ready. Whether you prepare it in the day or let it stay overnight, anything works with Crockpot! Read on to have a sneak peak of recipes included in this cookbook: Crockpot Breakfast Recipes Crockpot Soup And Stew Recipes Crockpot Meat Entrees Crockpot Dinner Recipes Crockpot Soup And Stew Recipes Crockpot...



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