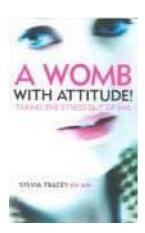
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A WOMB WITH ATTITUDE: TAKING THE STRESS OUT OF PMS



Michelle Anderson Publishing, South Yarra, VIC., Australia, 2005. Paperback. Book Condition: New. Written by a nurse who has suffered herself this book aims to create a much better understanding of what is really happening in the body of the woman who has PMS and offers useful and easy to follow advice to help alleviate these problems. Subjects include: Why Are Hormones So Important? - the reproductive hormones that tend to cause PMS Physical Responses - the emotional responses that may...

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- Authored by Tracey, Sylvia
- Released at 2005



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